

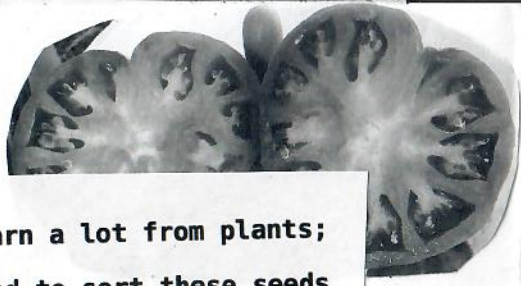


from hand to hand

A detailed black and white illustration of a snail, showing its spiral shell and extended body. The snail is positioned in the upper right quadrant of the page. Its shell is large and has a prominent spiral pattern. The body of the snail is extended from the shell, showing its head and antennae. The background of the illustration includes some stylized, sketchy lines representing foliage or a landscape.

SeedEd Farm

A black and white photograph of three people smiling. The person on the left is a man with glasses and a beard, wearing a jacket. The person in the middle is a woman with short dark hair, wearing a button-down shirt. The person on the right is a woman wearing a beanie and a jacket, making a peace sign. They are holding a large sign that says 'SeedEd Farm' in a stylized font. The man on the left is also holding a small card with text and a QR code. The background is a plain wall with some faint markings.



"We can learn a lot from plants;  
we needed to sort these seeds  
like we needed to sort our lives."

Farmer Sam

Hope and healing,



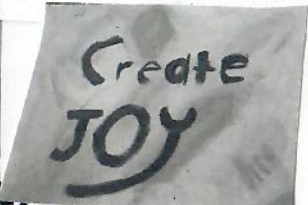
We came together through a shared desire to cultivate deeper relationships with our food, our cultures, and community. But we also came together as three fledgling farmers, three people, finding new ways to live and survive in a global pandemic. We wanted to learn new ways to care for our loved ones. To create a little hope in our new, fragile reality.

We found each other.

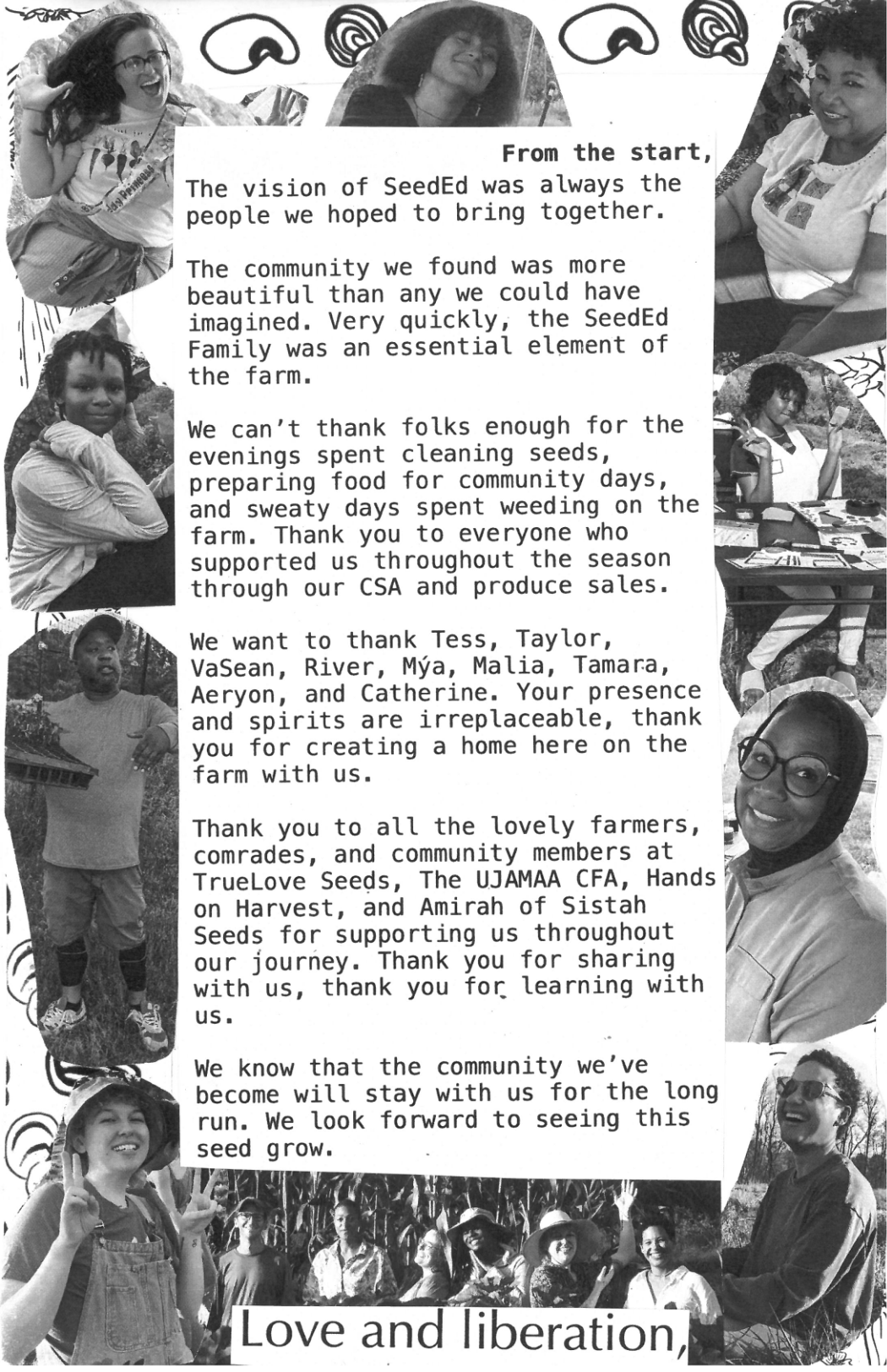
Through beginner farmer trainings and instagram DMs,  
we found each other.

While living in different states and coming from different backgrounds,  
we found each other.

And through our shared desire to come together during times of uncertainty and isolation, we created SeedEd.



ART & COMMUNITY & EDUCATION



From the start,

The vision of SeedEd was always the people we hoped to bring together.

The community we found was more beautiful than any we could have imagined. Very quickly, the SeedEd Family was an essential element of the farm.

We can't thank folks enough for the evenings spent cleaning seeds, preparing food for community days, and sweaty days spent weeding on the farm. Thank you to everyone who supported us throughout the season through our CSA and produce sales.

We want to thank Tess, Taylor, VaSean, River, Mýa, Malia, Tamara, Aeryon, and Catherine. Your presence and spirits are irreplaceable, thank you for creating a home here on the farm with us.

Thank you to all the lovely farmers, comrades, and community members at TrueLove Seeds, The UJAMAA CFA, Hands on Harvest, and Amirah of Sistah Seeds for supporting us throughout our journey. Thank you for sharing with us, thank you for learning with us.

We know that the community we've become will stay with us for the long run. We look forward to seeing this seed grow.

Love and liberation,



## What we learned about

### Ourselves

Monica:

I learned that I can bend and not break. I learned to be gentle with myself and to accept help and love from others. I'm still learning.

Sam:

That seed work is spiritual, physical, and emotional. I learned the importance of boundaries, of asking for help, of forgiving myself, and of courage. I learned that like seeds, I too have a dormancy period!

Gabe:

I can do hard things when I've got friends to do it with! I also learned to slow down, and work within my capacity because that is all I can do. I also learned that I love to draw little fruits and vegetables.



### Seedkeeping

Monica:

I learned seed saving is the foundation of life. We are seeds and just like seeds we must adapt to conditions to accept the transformation that will take place. We need the same nourishing energy, soil and sunlight to grow.

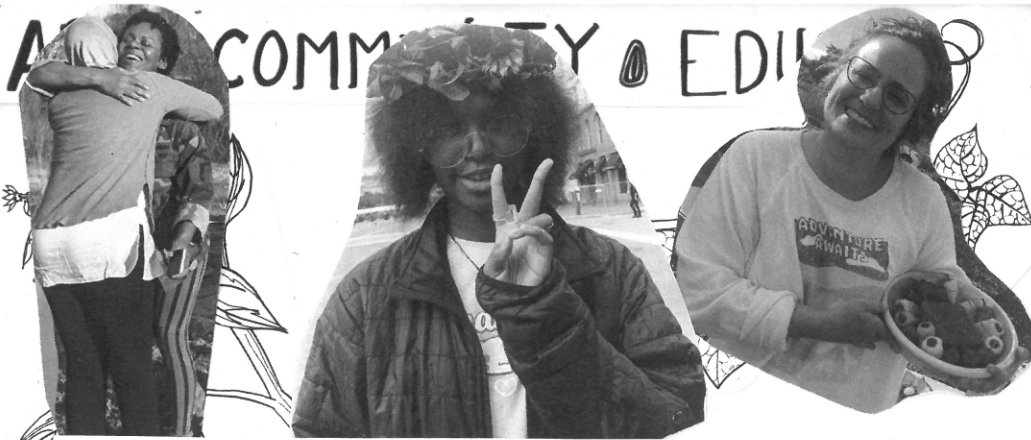
Sam:

Endless. Seeds are incredible beings who are calm, patient, and understanding of us. They are abundant. They are resilient. They are unique. I learned that seeds have a microbiome, just like us. The healthier the soil, the healthier the parent, the healthier the seed.

Gabe:

Seedkeeping is a time machine! A hand that reaches to the past and future and helps us root ourselves in the present. Seedkeeping is an act of community care. Seedkeeping is a crucial practice of climate resilience and hope.





## Community

Monica:

I learned that community is valuable and necessary for growth. Community taught me to be vulnerable and receptive to love . I learned community is strength.

Sam:

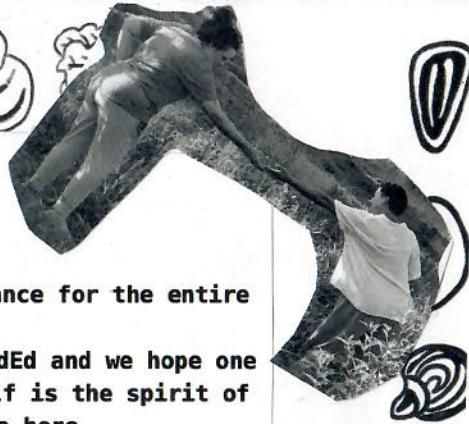
I learned just how deep community runs. How energy feeds us. How willing people are to listen, share, and encourage. How people show up for each other, offer their love, and don't hesitate to support. How community challenges each other to grow and be our best selves.

Gabe:

Community can put you back together. Community is a meal. Community is a mirror. Community are the strangers who looked back at you, and reached out a hand when you looked them in the eye.

ARTO COMMUNITY EDUCATION





What's next for the seeded family?

We hope for joy and love in abundance for the entire family.

We planted many seeds here at SeedEd and we hope one that you keep and grow for yourself is the spirit of what we tried to create here.

Keep learning, keep growing, keep sowing, together.



from hand to hand,

Keep the seeds going

You can still purchase our seeds from

TrueLove Seeds at [trueloveseeds.com](http://trueloveseeds.com)

- Alabama Red Okra

- Alabama Blue Collards

Sistah Seeds at [sistahseeds.com](http://sistahseeds.com)

- Cherokee Purple Tomato

- Mississippi Purple Hull Peas

Or pick some up from your local libraries seed library

We encourage to support our community of seedkeepers and keep the love going by growing, saving and sharing seed yourself!



Keep in touch!

Though we'll be deactivating our SeedEd instagram and email accounts but you can keep in touch with us on our personal accounts. We hope we can continue to make art, tell stories, and save seeds as we move into this next phase as a community.





You are the greatest part of the  
SeedEd journey.

We came together because we  
believe that community  
can be built on  
common ground.

That we can grow and create  
a future that is better for  
generations to come.

Hope and healing,  
Love and liberation,  
is passed  
from hand to hand,  
from seed to seed.

Thank you for growing with us